

Curriculum Vitae

Deepti Chhabra

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Personal Information

Date of Birth 8 Feb 1978

Gender Female

Languages Known: Hindi (speak, read and write fluently, English (Read, Speak and Write fluently), Learning Persian Beginners Course from Iran Cultural Center, New Delhi.

Hobbies: Baking, Glass Painting, Swimming.

Professional & Educational Details

Work experience

15 years experience as a pediatrician with Pediatric Blood and Cancer under Pediatric Congenital Hematologic Disorders Research Center as the area of interest.

Skills

Behavioral Skills: Flair for handling women attendants with children and easily befriending children. Generally known to be an extrovert and having a friendly persona.

Functional Skills: Skilled in procedures like Surfactant Administration and Umbilical Vein and Artery Catheterization, Exchange Transfusion, Putting Central Line and Ventilator Usage, Handling children with Asthma, lumbar punctures, bone marrow biopsy, bone marrow aspiration, liver biopsy. Management of Thalassemia patients and children with Leukemias and providing them chemotherapy.

Leadership skills: Leading a team of 30 para medical staff, 15 Staff Nurses who work under my guidance and training for special surgical procedures and intensive patient care.

Personal Medical Services Delivery Paradigm: Much against the existing paradigm of medicine and medical health service in India which limits the possibility of a professional to explain the ailment to the patient due to heavy workload and paucity of time, I am known to go out of the way to spend personal effort and time in interacting with the patient at almost a personal level. I have been effectively able to blend the role of a physician with that of a counselor.

Highest Degree Held

PG- Diploma in Child Health **DCH** (Kalawati Saran children's Hospital, Delhi) affiliated to **Lady Hardinge Medical College**, Delhi University

2nd Highest Degree Held

MBBS (Maulana Azad Medical College) Delhi University.

WORK EXPERIENCE

In my roles as a Specialist, I independently managed entire private ward alone and consolidated my expertise in handling OPD care. I independently handled

- 50 OPD patients a day
- independent management of 30 bedded ward

In my roles as an Junior Consultant, I independently managed entire private ward alone and consolidated my expertise in handling OPD care. I independently handled

- 40 OPD patients a day
- independent management of 30 bedded ward

In my roles as an Senior Resident, I independently managed the entire ward alone and gained expertise in handling OPD care. I independently handled

- 100 OPD patients a day
- 25 bedded ward independent management

Intensive Patient Care in private set-up helped me gain confidence with Quality Care. Here I conducted

- 4-5 Surfactant Admn
- 4-5 Immunoglobulin Admn
- 50-60 ventilator management

Extremely heavy patient load helped me gain confidence with high volume workload. I conducted over:

- 2000 Lumbar Punctures
- 50-60 Bone Marrow Biopsies
- 90-100 Bone Marrow Aspirations
- 40-50 Plural Taps
- 20-25 Ascitic Taps
- 6-8 Liver Biopsies
- 40-45 Umbilical Line
- 15-20 Central Lines

Organization: Referral Hospital, Greater NOIDA

Tenure: Nov' 2010 onwards upto present

Referral Hospital is a 200 bedded tertiary care hospital based in Greater NOIDA, Uttar Pradesh India. Here I am a specialist pediatrician running IPD, OPD immunization clinic, facilitating delivery and care of new-borns. I have recently started a rehabilitation set up named "Ummeed" in the Hospital in 2018 to support children with special needs including cerebral palsy, ADHD, speech delay, autism, severe hearing impairment and severe mental retardation.

Organization: Chandrajyoti Children Hospital, Mumbai

Tenure: Dec' 2008- Nov' 2010

Chandrajyoti Children Hospital, Mumbai is a 50-bedded Private hospital with separate NICU, PICU and wards. I worked as a **Junior Consultant** in the Deptt of Pediatrics under the Indian Academy of Pediatrics president Dr. Rohit Aggarwal. Here I dealt with OPD and single handedly managed wards and looked at some of the very rare ailments and also specialized medical practise.

Organization: Aruna Asaf Ali Hospital, Delhi

Tenure: Dec' 2005- Dec' 2008

Aruna Asaf Ali hospital is a 100-bedded Govt. hospital with separate NICU, PICU and wards. I worked as a **Senior Resident** in the Deptt of Pediatrics. Here I gained confidence to independently manage cases of meningococccemia, dengue fever, cerebral malaria, meningitis, kerosene poisoning, neurocysticercosis, tubercular meningitis, rheumatic heart disease, diarrhoea, and severe pneumonia. I also managed sick pediatric and newborn patients.

Organization: Jaipur Golden Hospital, Delhi

Tenure: May' 2005- Dec' 2005.

Jaipur Golden Hospital is a 280-bedded Private super- specialty hospital with a 20-bedded NICU. Here I worked in the capacity of **Senior Resident** and learnt managing sick newborns and did procedures ranging from Surfactant administration to umbilical line catheterization. I also gave immunoglobulins to newborns with sepsis and managed pediatric cases of encephalitis. Learnt Ventilator Management Independently

Organization: Kalawati Saran Children's Hospital, New Delhi

Tenure: Jun' 2003- Apr' 2005

I have done my **Diploma in Child Health (DCH)** from Kalawati Saran Children's Hospital, which is a 500-bedded Govt. Paediatric Hospital (**Lady Hardinge Medical College**) in Delhi. During my tenure, I worked in wards, emergency, PICU, NICU, Physical and

Mental Rehabilitation and Nursery and learnt to manage emergencies like shock, status asthmaticus, status epilepticus, and severe dehydration with acidosis. I also worked in pediatric OPD's and super-specialty clinics where I learnt to manage neurological cases like epilepsy, attention deficit hyperactivity disorders, celiac disease, diabetes mellitus and hypothyroidism etc.

SPECIAL ACHIEVEMENTS

Recipient of commendation for path breaking work in setting up pediatric rehabilitation ward in the Referral Hospital.

Recipient commendation for effective management of COVID ward and forming infection control guidelines.

Recipient of commendation for superlative service for being a COVID warrior.

I am a regular speaker on All India Radio and speak on issues pertaining to child health offering phone in consultation and counselling to callers calling on the radio.

COURSES ATTENDED

NALS, PALS and NRP: I have done **Neo-natal Advanced Life Support Course and Paediatrics Advanced Life Support Course** and have learnt to manage acute emergencies like shock, foreign body aspiration and Cardio Pulmonary Resuscitation in the newborns and infants. In the **Neonatal Resuscitation Programme**, I learnt the management of neonates after birth.

CME's Attended: I am a member of Indian Academy of Pediatrics which is the apex body of all the pediatricians all over India. I attend the monthly clinical meetings held at different hospitals at Delhi, attend the annual conference named "Pedicon". I have also attended CME's on pediatric cardiology, pediatric epilepsy etc.